When Capability Gets a Body

Sources and Notes

Book 5 of Rentable Expertise by Alex Tran

Use this companion to trace the toolkit to the book, check the limits of each exercise, and keep a record of the evidence behind your own decision.

Primary source and scope

Alex Tran, When Capability Gets a Body, published edition. The chapter map on the following pages identifies the basis for each worksheet. Worksheet prompts and the fictional example are companion adaptations, not quotations or a chapter by chapter reproduction.

Official book page

This document is a chapter guide and a selection of further reading. It does not claim to reproduce the original book bibliography or to prove that a particular product, arrangement, or plan is suitable.

Selected further reading

OECD AI Principles

Further reading on human rights, dignity, autonomy, transparency, robustness, and accountability in AI. These principles do not prove the suitability of a particular device or service.

NIST Privacy Framework

Further reading on identifying and managing privacy risk. Use it to deepen questions about data use and responsibility; it does not settle the rights or permission for an individual record.

Further reading links checked October 19, 2026. Check the current edition and context before relying on an external source. Separate what a source says from your interpretation and the action you choose.

Chapter references and application notes

01 Does the body earn its place

Chapters 1 to 3. Decide which part of the need requires physical action or presence.

An attractive body or a polished demonstration does not establish competence in the intended home, role, or task.

02 Compare the actual care arrangement

Chapters 4 to 6 and 21. Compare realistic arrangements around the person receiving care.

Compare with accessible alternatives, not an ideal caregiver. A person may welcome help with one task and refuse it for another.

03 Keep memory claims honest

Chapters 7 to 9 and 13. Distinguish a designed identity, stored information, and experience that actually occurred.

Stored memories are not automatically a lived past. Preserve the distinction between a designed backstory, testimony, and recorded interaction.

04 Map permission for a personal history

Chapters 10 to 12. Identify whose life and information are represented before capture, access, or reuse.

A person's account may contain someone else's private information. Permission for one use is not blanket permission for every future use.

05 Preserve provenance and disagreement

Chapters 13 and 14. Keep a meaningful history without converting every story into an unquestioned fact.

Preserve provenance and uncertainty. An intimate or familiar account still needs an honest description of where it came from.

Chapter references and application notes

06 Test continuity beyond export

Chapters 15 to 18. Define what continuity means before replacing a body, provider, or system.

Files moving successfully does not prove that behavior or a relationship continues. Physical wear, provenance, and narrative meaning are different things.

07 Agree the role and authority

Chapters 19 and 20. Separate a welcome role from permission to act, especially when instructions conflict.

The authority ladder is a thinking aid, not a clinical or legal protocol. Role, access, authority, autonomy, and oversight remain separate decisions.

08 Protect human contact and autonomy

Chapters 19 to 22. Check whether the arrangement expands the person's choices and supports the relationships they value.

The purchaser's convenience is not the only outcome. Ask the person receiving care about practical autonomy, dignity, and human presence.

09 Review before delegating care

Chapters 20 to 22. Bring the decision together for one specific task and one particular life.

Use this as a discussion record. It does not certify a device, authorize care, or replace the qualified assessment required for a consequential care decision.

Decision evidence record

Use a copy for each consequential claim. Keep source material and personal information in a location you are authorized to use.

1. Decision and worksheet this evidence informs

2. Claim and precise source location or link

3. Source date and date checked

4. What the source supports and under which conditions

5. Uncertainty missing evidence or conflicting information

6. Your interpretation and proposed action

7. Reviewer and next review date or trigger